



TRAINING CALENDAR 2023

We've created a schedule with some exciting and informative training for providers and their staff to take advantage of. The below calendar aligns with the Housing First Auckland Collective core competencies. While all staff are not expected to attend each training session, there will be a minimum number requirement for events to go ahead.

Housing First and Tāiki 101

Description

Housing First Auckland will host a series of introductory online workshops about Housing First and Tāiki. The sessions will cover:

- Te whakapapa of Housing First and Tāiki in Aotearoa
- The Tāiki framework
- The Housing First principles
- Practical application of these principles

Who should attend

The session is aimed at people new to Housing First and Tāiki and those who want to refresh their understanding of the principles and Ara Tikanga and how these can be applied in practice.

There will be an opportunity to interact with your colleagues in breakout rooms and share your experiences of applying the principles with whānau.

Please note: all sessions will cover the same content, but participants are welcome to attend as many sessions as they like.

Provider

Housing First Auckland

Facilitators

Rami Alrudaini (Systems Change Lead, Housing First Auckland)

Vikki Ham (Māori Strategic Lead, Housing First Auckland, Ngāti Tūwharetoa, Ngāti Kahungunu)

Venue

Online

Dates/ Time

19 April 2023, 10.00 am -11.30 am

20 July 2023, 10.00 am- 11.30 am

19 October 2023:10.00 am- 11.30 am

[Register here.](#)



HOUSING FIRST

— AUCKLAND —

Rainbow Cultural Competency

Description

Rainbow communities are greatly overrepresented across experiences of mental distress, addiction & housing insecurity, compared to the general population. This training will give you a foundation understanding of Rainbow Communities and the challenges they face navigating the world and support services. We will cover a brief 101, society, norms & bias, trans & non-binary care, and a general reflection of your practice - all to help you better support your rainbow whāiora.

Who should attend

Anyone interested in understanding more about the Rainbow community and learning more about how to support our Rainbow whānau.

Provider

Kāhui Tū Kaha

Facilitators

Elim Ahlers (ADHB Rainbow Programme Manager)

Venue

Millennium Centre- Building B, Phase-II, Level G
600 Great South Road, Auckland

Date/Time

13 March 2023, 10.00 am - 12.00 pm
21 November 2023, 10.00 am - 12.00 pm

[Register here.](#)



HOUSING FIRST

— AUCKLAND —

Ministry of Social Development services online training series

Description

Housing First Auckland and Community Housing Aotearoa, in partnership with the Ministry of Social Development (MSD), will host a fourth series of four online training sessions for practitioners working in the housing and homelessness sector. This MSD training series includes updated information and new sessions focusing on the following topics:

- *Session 1: Products and services to support people in private rentals*
This session will include information on products and services to support accessing private rentals including Ready to Rent programme, bonds, and rent in advance. It will also cover supports to sustain private rentals including supplements and rent arrears.
- *Session 2: Emergency Housing*
This session will provide an overview of emergency housing, including pathways to alternative accommodation, contributions, and support.
- *Session 3: Employment and training supports*
This session will provide an overview of employment and training opportunities available to people who are receiving income support.
- *Session 4: Income support benefits*
This session will provide an overview of main benefits.
- *Session 5: Income support-supplementary assistance*
This session will provide an overview of supplements and hardship payments available to support people with ongoing, and one-off, living costs.
- *Session 6: Public Housing Assessment*
This session will provide an overview of how the priority rating is assessed, bedroom allocation and how letting areas impact a person's ability to be matched.

These sessions will be held online and are an opportunity to:

- provide relevant information to new and existing practitioners across the housing and homelessness sector
- highlighting work and income products and services, as well as anything new coming on board
- connect with regional teams across Aotearoa including Community Liaison Advisors and Regional Housing Managers
- Identify what people find is working well, and/or challenging, when dealing with MSD, with a service improvement approach.

There will be a short Q&A time included in each session. If you wish to send questions in advance, please email training@communityhousing.org.nz

Who should attend

Staff working in housing and homelessness space and supporting whānau to access Work and Income products and services.

Provider

Housing First Auckland, Community Housing Aotearoa, and the Ministry of Social Development



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— AUCKLAND —

Facilitators/ Presenters

Anne Goodall (Ministry of Social Development)
Judith Gawler-Lata (Ministry of Social Development)
Amanda Kelly (Community Housing Aotearoa)
Rami Alrudaini (Housing First Auckland)

Venue

Online

Date/ Time

3 May 2023 (Session 1)
14 June 2023 (Session 2)
12 July 2023 (Session 3)
16 August 2023(Session 4)
13 September 2023 (Session 5)
11 October 2023 (Session 6)

Registration link Via CHA will be uploaded soon.



HOUSING FIRST

— AUCKLAND —

Mental Health 101®

Description

Blueprint for Learning reflects a philosophy of recovery and empowerment using best practices to help people become full and active members of their communities. The workshops use adult education principles, with a variety of activities, videos and teaching tools to cater to the different learning styles of participants. In addition, their expert facilitators bring a wealth of professional and personal experience to the topics covered. Read more about the highly-regarded MH101® workshop [here](#).

Participants will receive a workbook with MH101® notes, additional reading, a directory for support and assistance, and access to a post-workshop e-learning module to assist them to apply what they have learnt.

After attending MH101® participants will be able to:

- recognise signs of positive mental health and mental health challenges
- use Te Whare Tapa Whā to support mental wellbeing
- relate to what people with mental health challenges are experiencing
- respond supportively to mental distress
- Topics covered in MH101® include stress and wellbeing, mental health challenges, suicide, trauma, supportive language and perspective, building
- a connection, sharing your concerns, when to get help and local support.

Who should attend

Anyone who wants to understand how to respond to people experiencing distress or mental illness - both at work and in everyday life.

Provider

Blueprint for Learning

Venue

TBC

Date/Time

12 October 2023, 9.00 am-4.30 pm

Morning tea and lunch will be provided.

Registration link via Blueprint for Learning (arlo.co) will be uploaded soon.



HOUSING FIRST

— AUCKLAND —

Addictions 101®

Description

Blueprint for Learning reflects a philosophy of recovery and empowerment using best practices to help people become full and active members of their communities. The workshops use adult education principles, with a variety of activities, videos and teaching tools to cater to the different learning styles of participants. In addition, our expert facilitators bring a wealth of professional and personal experience to the topics covered. Read more about the workshop [here](#).

Participants will receive a workbook with Addictions 101® notes, additional reading, a directory for support and assistance, and access to a post-workshop e-learning module to assist them to apply what they have learnt.

After attending Addictions 101 participants will be able to:

- use Te Whare Tapa Whā to understand addiction and recover
- recognise signs of addiction
- relate brain and body responses to addiction
- respond supportively to people experiencing addiction.

Who should attend

Anyone who is interested in learning about problematic substance use and other behaviours. It will help participants to:

- develop the knowledge and confidence to understand and recognise addiction and well-being challenges
- explore their own values and attitudes
- provide appropriate support for people experiencing and affected by problematic substance use, including substances such as synthetic cannabinoids and methamphetamine.

Provider

Blueprint for Learning

Facilitator

TBC

Venue

TBC

Date/Time

10 August 2023, 9.00 am - 4.30 pm

Morning tea and lunch will be provided.

Registration link via Blueprint for Learning (arlo.co) will be uploaded soon.



HOUSING FIRST

— AUCKLAND —

Lifekeepers -Mana Akiaki (suicide prevention)

Description

Mana Akiaki - LifeKeepers for Māori - aims to equip communities and whānau with the knowledge and skills needed to help prevent suicide. The wānanga is delivered through a Māori lens, weaving te reo me ona tikanga, nga whakataukī, and mātauranga Māori throughout. Fluency in Te Reo is not necessary for this workshop.

- learn how to kōrero responsibly about suicide
- gain an understanding of the factors that contribute to someone being suicidal
- learn what to look for when someone may be at risk of suicide
- develop strategies for how to ask about suicide, respond with confidence, and engage different services and supports

Who should attend

It is an entry-level suicide prevention training programme designed especially for members of the community who have limited knowledge of suicide prevention.

Date/Time

13 March 2023 (Full day)

Provider

Le Va

Venue

Parnell

Registration

To register, please see details [here](#).



HOUSING FIRST

— AUCKLAND —

Research Webinar: Self-determined Housing Options for Youth Leaving Care

Description

Community Housing Aotearoa is hosting a webinar with Brook Turner who will present his Master's research on Self-determined housing options for youth leaving care. Brook is Head of Service Development and Partnerships at Visionwest Community Trust. Brook has 20 years of social services experience and has learned a range of community development approaches including social enterprise.

In relation to housing, we know that young people leaving the care system fare worse than most. Failed transitions out of care often feed into homelessness numbers, yet we rarely ask care leavers what they want in terms of housing. Brook's research paints a comprehensive picture of the need and desperation many youth face without adequate housing, and looks at what is being done to address this here in NZ and internationally.

Presenter/ Provider

Brooke Turner

Venue

Online

Date/Time

15 March 2023, 10.00 am

[Register via CHA](#)



Research Webinar: Lost points of intervention in pathways to single adult homelessness in Hamilton, New Zealand

Description

Despite a broad consensus in international and local literature about contributing factors that raise the risk of homelessness, many misconceptions remain about which specific factors have contributed to homelessness in New Zealand. Policy responses to homelessness in this country focus on a person's need for adequate housing as this is the prime presenting issue. However, many who experience homelessness have complex existing background issues that have also contributed to them becoming homeless, and these are equally important targets for policy responses.

Those who are single adults (18 years and over), without dependent children and homeless are often those found living in the most precarious circumstances. This cohort is the focus of this presentation. The research was carried out in 2019 in Hamilton, New Zealand involving interviews with 100 participants engaged with The People's Project, a Housing First service in Hamilton.

Although everyone's circumstances were unique, results revealed a series of commonly occurring disruptive events throughout participants' lives, starting for some as early as six years old, and a generalizable pathway to single adult homelessness. Various other contributing factors and trigger events were also identified. Additionally, participants provided recommendations about critical points of intervention along this pathway, which provides important implications for policy responses in this context. Critically, the voice of those with lived experience is well represented in this research.

Self-care note: This presentation includes a discussion about physical, sexual, and emotional abuse, neglect, domestic violence, suicidality, self-harming, and other adverse and traumatic life experiences. If attendees are struggling with any of these issues, please consider if attending this presentation is right for you at this time.

Presenter/ Provider

Carole McMinn (Strategic Analyst) - The People's Project

Venue

Online

Date/Time

23 August 2023: 10.00am -10.45 am

Registration link via CHA will be uploaded soon.



HOUSING FIRST

— AUCKLAND —

Black Rain – Trauma awareness for housing and homelessness practitioners

Description

Black Rain was developed by Mātanga Oranga trauma and family harm specialist Faye Pouesi to successfully connect whānau holistically on a spiritual and emotional level with the impacts of the intergenerational, historical, and current trauma. This deep connection enables whānau, with significant trauma histories, to begin their healing and recovery.

Provider

Faye Pouesi

Facilitator

Faye Pouesi

Venue

Millennium Centre- Building B, Phase-II, Level G
600 Great South Road, Auckland

Date/ Time

16 June, 10.00 am to 12.00 pm

[Register here.](#)



HOUSING FIRST

— AUCKLAND —

Engaging Pasifika

Description

Engaging Pasifika is Le Va's national Cultural Competency programme targeted at mainstream non-Pacific health and disability workers employed at a Ministry of Health funded service. The programme offers a blended learning approach and teaches the foundational attitudes, knowledge and skills to safely engage with, and effectively deliver, quality services for Pasifika individuals, families and communities. Read more about [Engaging Pasifika](#).

Who should attend

Any non-Pacific staff who are keen to learn more about how to effectively engage with Pasifika people, families and communities.

Provider

Le Va

Venue

Harakeke House, 15 Ronwood Avenue, Manukau, Auckland

Date/ Time

17 March 9.30 am to 4.30 pm

21 April 2023m 9.30 am to 4.30 pm

[Register here.](#)



HOUSING FIRST

— AUCKLAND —

How to help with substance use impacts

Description

How to help with substance use impacts is a workshop for workers in community organisations who already have some basic understanding of problematic substance use. The workshop is a progression from the Addiction 101[®] course provided by Blueprint and will help workers to:

- recognise harmful and risky substance use
- respond safely to substance use issues
- understand harm reduction approaches
- support safer withdrawal management.

The workshop will explore:

- practical strategies to support an intoxicated person with disturbed behaviour
- how to support a person in withdrawal from alcohol, methamphetamine, and synthetic cannabinoids
- how to provide harm reduction advice.

Who should attend

Those who have completed Addiction 101[®] and who want to learn more about supporting whānau with drug and alcohol addiction and abuse.

Provider

Te Pou

Venue

TBC

Date/ Time

18 August 2023 – 9.00 am to 4.30 pm

[Registration via Te Pou](#)



HOUSING FIRST

AUCKLAND

How to help with substance use impacts online workshop

Description

How to help with substance use impacts is an online workshop for support workers working alongside people experiencing mental health challenges or addiction issues.

The workshop will help you to:

- recognise harmful and risky substance use
- respond safely to substance use issues
- understand harm reduction approaches
- support safer withdrawal management.

The workshop will explore:

- practical strategies to support an intoxicated person with disturbed behaviour
- how to support a person in withdrawal from alcohol, methamphetamine, and synthetic cannabinoids
- how to provide harm reduction advice.

Provider

Te Pou

Venue

Online

Date/ Time

01 May 2023, 10.00am – 12.30pm

Register here via [Te Pou](#)



HOUSING FIRST

— AUCKLAND —

HOUSING FIRST AUCKLAND TRAINING CALENDAR 2023 AT A GLANCE

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Housing First and Tāiki 101				19-Apr			20-Jul			19-Oct		
Rainbow Cultural Competency			13-Mar								21-Nov	
MSD: Session 1					3-May							
MSD: Session 2						14-Jun						
MSD: Session 3							12-Jul					
MSD: Session 4								16-Aug				
MSD: Session 5									13-Sep			
MSD: Session 6										11-Oct		
Addiction 101®								10-Aug				
Mana Aikaki			15-Mar									
How to help with substance use impacts					01 -May			18-Aug				
Mental Health 101®										12-Oct		
Black Rain						16-Jun						
Engaging Pasifika			17-Mar	21-Apr								
Research webinar with Brooke Turner			15-Mar									
Research webinar with Carole McMinn								23- Aug				